

# TRINITY CHURCH

#### 2 CORINTHIANS 4:5

August 4, 2024



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# WORSHIPING THE GOD WHO GRANTS PEACE IN OUR ANXIETY

(Children of all ages are welcome in our worship service, but if your family needs a break from the sanctuary or wants to move around, our family overflow room with toys is available in room 111.)

Nursery Volunteers (worship service): Emily Ridenhour, Olga Martir, Alyce Bava, Josie Standerfer

Liturgist: Rev. Pablo Rosales Scripture Reader: Elizabeth Hawley

Pastoral Prayer: Ruling Elder, Fielding Poe

## Prelude

#### Welcome and Announcements

# **Quotes and Reflection**

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." — Philippians 4:6-7 (ESV)

"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid." — John 14:27 (ESV)

"Worry does not empty tomorrow of its sorrow; it empties today of its strength."

— Corrie ten Boom

"You don't have to be afraid of the future. You just need to be faithful in the present." — Elisabeth Elliot

### **Devotional Preparation**

In his 2007 book, Battling Unbelief: Defeating Sin with Superior Pleasure, John Piper makes a number of helpful suggestions about battling anxiety, but perhaps most helpful is his curated list of biblical verses that are most helpful when facing certain varieties of anxiety. In considering these passages make note that there is no magic pill in merely reading them in a cursory manner. Instead, meditating on them and praying over them and putting them into practice is where relief can be best discovered.

#### **Battling Anxiety in General**

Lamentations 3:22-23; 1 Corinthians 10:13; Deuteronomy 33:25; Psalm 56:3; 1 Peter 5:7; Philippians 4:6-7

#### **Battling Anxiety About Being Useless**

1 Corinthians 15:58; Isaiah 55:9-11

#### **Battling Anxiety about Feeling Weak**

2 Corinthians 12:9-10

#### **Battling Anxiety about Difficult Decisions**

Psalm 32:8; Psalm 25:8-9

#### **Battling Anxiety about Opponents**

Romans 8:31

#### **Battling Anxiety about Afflictions**

Psalm 34:19; Romans 5:3-5

# Battling Anxiety about Aging

Isaiah 46:3-4

#### Battling Anxiety about Not Persevering to the End in Faith

Philippians 1:6; Hebrews 7:25; Jeremiah 32:40

## Battling Anxiety about Death

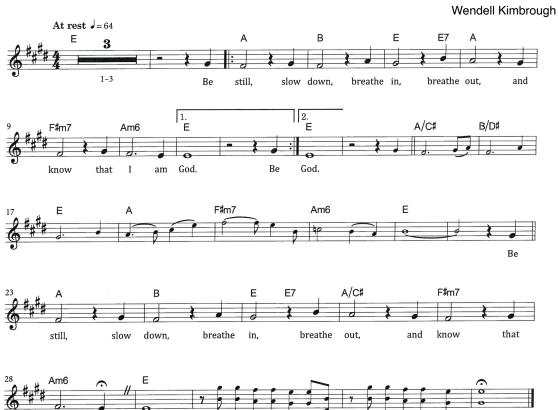
Romans 14:7-9

## Song of Preparation

I

am

God.



Be Still

#### Call to Worship—Psalm 147 (selected)

- Leader: Praise the Lord!
- People: For it is good to sing praises to our God; for it is pleasant, and a song of praise is fitting.
- Leader: He heals the brokenhearted and binds up their wounds.
- People: Great is our Lord, and abundant in power;
- Leader: His understanding is beyond measure.
- All: We will sing to the Lord with thanksgiving; we will make melody to our God on the lyre!
- Leader: Now O Lord, grant us the grace to enter into your presence with praise that befits you, our King!

# WE DECLARE THE ETERNAL WORTHINESS OF GOD

#### \*Song of Adoration

Behold Our God



\*Song of Adoration

#### All Creatures of Our God and King

Original words by St. Francis of Assisi, translated by William Henry Draper. Adapted by Jonathan Baird and Ryan Baird



\*Prayer of Adoration

# WE HEAR FROM GOD'S WORD

#### Old Testament Reading—Exodus 16:2-4, 9-16

The Lord Sends Manna to Sustain the People

And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, and the people of Israel said to them, "Would that we had died by the hand of the Lord in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not.

Then Moses said to Aaron, "Say to the whole congregation of the people of Israel, 'Come near before the Lord, for he has heard your grumbling.'" And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the Lord appeared in the cloud. And the Lord said to Moses, "I have heard the grumbling of the people of Israel. Say to them, 'At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the Lord your God.'"

In the evening quail came up and covered the camp, and in the morning dew lay around the camp. And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. When the people of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "It is the bread that the Lord has given you to eat.

Reader: The grass withers and the flowers fall, but the word of the Lord stands forever!

#### People: Thanks be to God!

# WE ENCOUNTER AND REJOICE IN THE AMAZING GRACE OF GOD

#### Call to Confession—Ephesians 4:1-3

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace.

#### Silent Confession and Lament

#### Assurance of Pardon and Passing of the Peace—Psalm 51:7-8

Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Let me hear joy and gladness; let the bones that you have broken rejoice.

Leader: Christian, give thanks to God for cleansing us from our sin!

#### People: Thanks be to God!

Leader: Now may the peace of Christ be with you all!

#### People: And also with you!

#### \*Song of Rejoicing

Christ Is Mine Forever More





# WE HUMBLE OURSELVES BEFORE THE LORD





#### **Tithes and Offerings**

(Children's Church meets for 4yr to 2nd grade in room 106)



If you would like to give your tithe online, scan your camera phone here:

Sermon

"The Battle Against Anxiety" Sermon Series, Sermon on the Mount Matthew 6:25-34 Rev. Dr. Chris Polski

\*Song of Response

It Is Well with My Soul Trinity Hymnal #691

# THE SERVICE OF THE LORD'S SUPPER

# \*Sursum Corda

Pastor: The LORD be with you.

#### People: And also with you.

Pastor: Lift up your hearts.

#### People: We lift them up unto the LORD.

Pastor: Let us give thanks unto the LORD our God.

People: It is good and right so to do.

# \*Confession of Faith

Leader: Christian, in whom do you believe?

All: I believe in God, the Father Almighty, Creator of heaven and earth. And in Jesus Christ, His only Son, our Lord, who was conceived of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate. was crucified, died, and was buried. The third day He arose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty, whence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy universal church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

## Words of Institution–Matthew 26:26–29

Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."

## **Prayer of Consecration**

## The Giving of the Bread and Cup

Upon direction from the ushers, please come forward down the center aisle. After you receive the elements, please return to your seats via the side aisles. Please hold the elements until we are all able to partake together. After the service, please dispose of your used communion cup.

(Grape juice is in the purple cups and wine in the clear. The bread is gluten and nut free)

#### Communion Song (Ensemble)

Nothing To Fear

Isaac Wardell, Paul Zach and Audrey Assad

#### Prayer of Thanksgiving

#### \*Sending Song

Mighty God We Thank and Praise You Wendell Kimbrough and Ludwig van Beethoven

Mighty God we thank and praise you for this meal, this Bread of Life; Precious blood and body, broken, from your Son our Savior, Christ. In these myst'ries you assure us we are members of your Son; Heirs of your eternal Kingdom, with all faithful people, One. Amen, amen, amen, amen, amen.

#### \*Benediction

If you would like a time of prayer with one of our elders, please come to the front of the sanctuary after the service.

### **UPCOMING EVENTS**

Sunday school classes are on break until Aug. 25th.

**Visitors:** If you are visiting with us today we would love to give you a small gift. Please stop by the Welcome Table so we can say "hello."

Volunteers today: Ushers: Schaffer, Schlitt, Thomason, Kocher. Nursery: Ridenhour, Martir, Bava, J. Standerfer. CC: Doiron, Hawley, Williamson. Next Sunday: Ushers: Thomason, Heintz, Standerfer, Younger. Nursery: Pannkuk, D & L Nichols, Polski. SS: Oehlerking. CC: Sweet, Kwong, Goldstein.

**Youth Ministry:** Sundays from 4:30-6:30pm (dinner included). **Parent Meeting**: Aug. 25 after SS.

Men's Night this Wed. at 7:30pm at Chris Freeman's.

We are looking for **Transportation Volunteers** to help drive those in our church that cannot drive themselves to Sunday worship or other church events. Please contact Norm Steele.

Sign up TODAY: **Trinity's Women's Ministry is hosting a special event** on Wed., Aug. 14th from 6:30-8pm-*Pass the Blessings*. See today's insert for more information.

**Ariel Concert Series** is coming to Trinity! Sept. 14th at 7:30pm. Invite your friends and neighbors for this FREE concert which promises to be an incredible evening of classical music. More info can be found by using the QR code to the right.

Registration is open for **Party on the Lawn**, Sat., Sept. 28 at 4:30pm. See today's insert for more information.

#### Children's Ministry Parent Meeting: Aug. 18 at 4pm.

**ACTION Kids:** Starting Aug. 25th, children ages 3 yrs (by July 31 of the current school year and potty trained) -5th gr. are given the opportunity to grow friendships and community while further being equipped and discipled in their faith through lessons, active games, and children's choir. Rooted in Scripture, Character By God's Design engages kids to grow to be like Jesus. Children's Choir seeks to teach our children about the importance of worship, give them excitement to participate in it, and grow their relationship both with the Lord and with other children in our church. We meet the 2nd & 4th Sun. from 4:30 - 6:30 pm. If you do not receive our **weekly email updates** on Tuesday mornings, please send your email address to amy.mitchell@trinitychurchkirkwood.org

There are **several easy ways to serve at Trinity**. Feel free to reach out to these ministry coordinators to get involved: **Ushers**: Paul Schaffer: Paul.Schaffer@trinitychurchkirkwood.org, **Greeters**: James Broughton (James.

Broughton@trinitychurchkirkwood.org), Children's Ministry: Melissa Kocher (Melissa.Kocher@trinitychurchkirkwood.org)

Did you know you can use the **Church Center app** for online giving, church directory, to sign up for events, connect with your small groups, bible studies, etc? Contact the church office for assistance.

You can **sign up for all upcoming events** by scanning your phone camera over the QR code and then <u>following the link</u>:



#### SAVE THE DATE

- Aug. 14: Women's Ministry Event
- Aug. 25: Student Min. & ACTION Kids Kickoff
- Sept. 14: Ariel Concert
- Sept. 28: Party on the Lawn
- Oct. 6-13: Missions Conference
- Nov. 2: Prayer & Praise
- Nov. 17: Vox Una Concert
- Dec. 7: Christmas Craft Party

# MISSION UPDATE

Prayers: Here is a QR link to our NEW AUGUST 2024 Newsletter and Prayer Calendar:



- Please pray for the ministries and volunteers listed in the prayer calendar and below.
- Public Prayer requests can be found here:



• Our youth are back from Puerto Rico! This past week, our youth saw the light of the world shining 2000 miles away on the 100x30-mile island of Puerto Rico. We teamed up with a ministry, Hunger, to come alongside image bearers on the island. Together we hoped to strengthen their relationships with God, others, and creation, through the power of the Gospel. It was an impactful and formative trip for our youth and some expressed not wanting to leave. Please pray that our efforts there will have a lasting effect on all involved. We hope to continue our partnership there so begin praying about how God can use you on a beautiful Caribbean island. *Check out the slide-show in the narthex.* 

#### Goers:

• <u>Robinson Elementary Food Pantry</u> — One of the ways we serve our community is through this local food pantry. We are in the process of finalizing dates. Registration for the school year will open mid-August.

**Senders:** The work of outreach and mission cannot happen without your generous and sacrificial giving. If you would like to participate in mission work by sending, scan here: Select "Missions" from the dropdown menu.



Welcomers: Are you a person that loves the idea of hospitality?

• Trinity Church Fellowship Meals – Welcoming believers and unbelievers is part of the very fabric of Trinity Church. Jesus not only welcomed people but ate meals with them as well. Our own Jane Caldwell and Terry Louys have been hosting meals to welcome visitors and members into closer fellowship. It is a wonderful ministry and a great opportunity for those who have a heart to reach out to new people and pursue those who are unfamiliar and needing fellowship and connection.

Please pray for this ministry! If you are interested in participating and possibly hosting a meal, please visit the Welcome Desk in the Narthex after the service to speak with Jane or Terry.

*Mobilizers:* Help Wanted and Needed! We are looking for *two members* to join our Local/National Missions Subcommittee. If you are passionate about the gospel going forth in our community, St. Louis, and the nation, and want to learn more about this opportunity, reach out to Pastor Pablo at pablo@trinitychurchkirkwood.org

#### We want to connect with you!

Whether this is your first time visiting Trinity, or you have been around for a while, we are glad you are here! Please take a moment to fill out the contact form below. If you are new to Trinity, our intent is not to bother you. One of our pastors would love to reach out and say "hello" and answer any questions you may have about our church.

If you have been worshiping with us for a while, but have not filled out a contact form, we would love for you to do so! We want to be able to greet you by your name and make sure you receive our weekly email with important information about upcoming dates and events in our church.

This is my first visitreturn visit
Name(s):
Children (names and ages):
Phone:
Email:
Street:
City:
State: Zip:
How did you hear about Trinity:

You can tear off this page and place it in the offering baskets or hand to one of the pastors or ushers.

Trinity's ministries are organized around the core values in our purpose statement which reads: Trinity Church exists to **exalt** God's name, **establish** God's people, **equip** God's church and **engage** God's world, in the power of the Holy Spirit and for the sake of the Risen King, Jesus Christ.

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