

TRINITY CHURCH

— KIRKWOOD —

2 CORINTHIANS 4:5

July 21, 2024

WORSHIPING THE GOD WHO BRINGS PEACE TO OUR SOULS

(Children of all ages are welcome in our worship service, but if your family needs a break from the sanctuary or wants to move around, our family overflow room with toys is available in room 111.)

Nursery Volunteers (worship service): Beth Williamson, Jessica Hendricks, Philip Waldron, Josie Standerfer

Liturgist: Matt Pannkuk

Scripture Reader: James Broughton

Pastoral Prayer: Ruling Elder, Tom Schmidt

Prelude

Welcome and Announcements

Missions Moment

Quotes and Reflection

'Why have we fasted, and you see it not?

Why have we humbled ourselves, and you take no knowledge of it?'

Behold, in the day of your fast you seek your own pleasure,
and oppress all your workers.

Behold, you fast only to quarrel and to fight
and to hit with a wicked fist.

Fasting like yours this day
will not make your voice to be heard on high.

— Isaiah 58:3-4

"Fasting is a temporary renunciation of something that is in itself good, like food, in order to intensify our expression of need for something greater — namely, God and his work in our lives." — John Piper

"One way to begin to see how vastly indulgent we usually are is to fast. It is a long day that is not broken by the usual three meals. One finds out what an astonishing amount of time is spent in the planning, purchasing, preparing, eating, and cleaning up of meals."
— Jonathan Edwards

Devotional Preparation “Fasting” from Ligonier.org

Fasting means to abstain from eating and/or drinking as an act of personal and corporate piety. It is common in religions around the world, but in the Christian faith, it holds special significance and can be seen throughout Scripture. During His earthly life, Jesus corrected and clarified the purpose and role of fasting (Matt. 5:16–18; 9:14–16).

One of the least understood and least practiced of the spiritual disciplines is fasting. This is not surprising for several reasons. First, under the old covenant it was only commanded on one day of the year of the Jewish calendar, the Day of Atonement (Yom Kippur), making it highly occasional before Jesus’ day. Second, it involves afflicting the body and humbling the soul (Lev. 23:26–32; Ps. 35:13), which many people tend to avoid doing. Third, fasting is associated with seeking God in the face of grave threats, such as war (Deut. 20:1–3; Judg. 20:26; 1 Sam. 7:6), the death of a leader (1 Sam. 31:13; 1 Chron. 10:12; 2 Sam. 1:12, 2 Kings 25:23–5), and the destruction of Jerusalem (2 Kings 25:1–4; Jer. 52:12–13).

In Jesus’ day, the spiritual life of the people of God had become corrupted by tradition and syncretism and weakened by infighting. In the midst of this confusion, Jesus called the Pharisees, perhaps the most orthodox group of the day, to reform their practice of fasting, prayer, and giving.

In Matthew 6, the New Testament’s primary chapter on fasting, Jesus’ own warnings concerning the heart motives of the Pharisees of His day are connected to positive affirmations that show how He envisioned His disciples’ continuing this tradition, both then and now. Paradoxically, Jesus instructs His disciples not to call attention to their practice of fasting through their appearance. Matthew 6:17 shows that rather than simply hiding one’s practice of piety, the disciple is to be festive in appearance, reflecting joy over having heeded the good news of the coming kingdom (Matt. 4:23) and having received its countless privileges (Matt. 1:21; 5:3–10). Under the old covenant, which was based on justification by faith alone (Gen. 15:6), the Jewish believers gained fresh confidence that God had made atonement for their sins in their fasting during Yom Kippur*. But in the messianic age, festal joy and praise overflowed all previous levels as God’s people experienced their first taste of the life of the age to come in the ministry of Jesus Christ. Thus, Jesus taught His disciples, and us today, to make joy and celebration our countenance as we fast (Matt. 6:17).

The continued practice of fasting after the ascension of Christ demonstrates that this is a practice that should continue today and not a tradition merely of the old covenant or cultural Judaism. As Luke writes in Acts, the elders in Antioch fasted before sending Paul and Barnabas off into ministry (Acts 13:1–5). Paul fasted for three days after his Damascus road experience (Acts 9:9). And he fasted fourteen days while on the Adriatic Sea in his storm-tossed prison ship (Acts 27:33–34). The practice reminds us of our total dependence upon God even for our daily bread and prompts us to exercise self-discipline in seeking after the kingdom of God.

Song of Preparation

Better Is One Day

Words and Music by Matt Redman

E5 **A2(no3)**

1. How love - ly is Your dwell - ing place, O Lord al - might -
(2. One) thing I ask and I would seek: To see Your beau -

Bsus **E5** **Bsus**

y.____ For my soul longs and e - ven faints for You.
ty,____ to find You in the place Your glo - ry dwells.

E5

For here my heart ask is sat - is - fied
One thing I ask and I would seek:

A2(no3) **Bsus** **E5**

with - in Your pres - ence.____ I sing be - neath the
To see Your beau - ty,____ to find You in the

Bsus

shad - ow of Your wings.____ Bet - ter is
place Your glo - ry dwells.____ Bet - ter is

A2(no3) **E/A** **Bsus**

one day in Your courts, bet - ter is one day in Your house, bet - ter is

A2(no3) **A/C#** **Bsus** **E/G#**

one day in Your courts than thou - sands else - where.____ Bet - ter is

A2(no3) **E/A** **Bsus**

one day in Your courts, bet - ter is one day in Your house, bet - ter is

Call to Worship—Psalm 23

Leader: The Lord is my shepherd; I shall not want.

People: He makes me lie down in green pastures. He leads me beside still waters. He restores my soul.

Leader: He leads me in paths of righteousness for his name's sake.

People: Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Leader: You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.

All: Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

Leader: Now O Lord, bring us into your house so that we might offer you praise for your shepherding love!

WE DECLARE THE ETERNAL WORTHINESS OF GOD

*Songs of Adoration

All Glory Be to Christ

Dustin Kensrue | Kings Kaleidoscope

D **A** D D^(add9 omit3) B min G



Should noth-ing of our ef-forts stand no leg-a-cy sur-vive Un-
(His) will be done His king-dom come on earth as is a-bove Who

D D^(add9 omit3) G D



6 less the Lord does raise this house in vain its build-ers strive to
is Him-self our dail-y bread praise Him the Lord of love Let

D D^(add9 omit3) B min G



10 you who boast tom-or-row's gain tell me what is your life A
liv-ing wa-ter sat-is-fy the thirst-y with-out price We'll

D D^(add9 omit3) G D



14 mist that van-i-shes at dawn All glor-y be to Christ! All
take this cup of kind-ness yet

D E min D/F# G

B



glor-y be to Christ our King! All glor-y be to Christ! His

D D^(add9 omit3) G

1. D G D | 2. D



22 rule and reign we'll ev-er sing, all glor-y be to Christ! His Christ!

C E E E^(add9) C#min A

29

When on the day the great I AM the faith - ful and the true the

E E^(add9) A E

33 Lamb who was for sin - ners slain is mak - ing all things new Be -

E E^(add9) C#min A

37 hold our God shall live with us and be our stead - fast light And

E E^(add9) A E

41 we shall ere his peo - ple be All glor - y be to Christ! All

E F#min E/G# A

D

glor - y be to Christ our King! All glor - y be to Christ! His

E E^(add9) A

49 rule and reign we'll ev - er sing, all glor - y be to Christ All Christ!

1. E 2.

For the Beauty of the Earth

Trinity Hymnal #116 (vs. 1, 2, 4, 6)

*Prayer of Adoration

WE HEAR FROM GOD'S WORD

Old Testament Reading—Jeremiah 23:1-6

The Righteous Branch

“Woe to the shepherds who destroy and scatter the sheep of my pasture!” declares the Lord. Therefore thus says the Lord, the God of Israel, concerning the shepherds who care for my people: “You have scattered my flock and have driven them away, and you have not attended to them. Behold, I will attend to you for your evil deeds, declares the Lord. Then I will gather the remnant of my flock out of all the countries where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will set shepherds over them who will care for them, and they shall fear no more, nor be dismayed, neither shall any be missing, declares the Lord.

“Behold, the days are coming, declares the Lord, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved, and Israel will dwell securely. And this is the name by which he will be called: ‘The Lord is our righteousness.’”

Reader: The grass withers and the flowers fall, but the word of the Lord stands forever!

People: Thanks be to God!

WE ENCOUNTER AND REJOICE IN THE AMAZING GRACE OF GOD

Call to Confession—Mark 6:30-34

The apostles returned to Jesus and told him all that they had done and taught. And he said to them, "Come away by yourselves to a desolate place and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a desolate place by themselves. Now many saw them going and recognized them, and they ran there on foot from all the towns and got there ahead of them. When he went ashore he saw a great crowd, and he had compassion on them, because they were like sheep without a shepherd.

Silent Confession and Lament

Assurance of Pardon and Passing of the Peace—Eph. 2:13-14

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he himself is our peace.

Leader: Christian, give thanks to God for giving us peace through Christ His son!

People: Thanks be to God!

Leader: Now may the peace of Christ be with you all!

People: And also with you!

*Song of Rejoicing

Isaiah 43
Composer unknown

Real Key

5 **Dm** **Dm/C** **Bb**

1. When you pass through the wa - ters, I will be with you
 2. When you walk through the fire, You'll not be burned.

11 **C** **Bb** **Eb Bb** **Dm** **Dm/C** **Bb**

And the waves will not ov - er - come you. Do not fear. For
 And the flames will not con - sume you. Do not fear For

17 **C** **F** **Eba d d g**

Women: I am the Lord your God _____

21 **God** **Gm** **C** **Gm** **C**

Men: For I am the Lord your God _____ I am the Lord Your

Unison: God I am the Ho - ly One of Is - ra - el Your

24 **Bb** **Eba d d g** **C** **F**

Women: I am the Lord your

Sa - vior. Men: For I am the Lord your God _____

28 Eb add 9 God God Gm C

I am the Lord Your God Unison: I am the Ho - ly One of

31 Gm C Bb Eb add 9 C Women: Do F F/E not

Is - ra - el Your Sa - vior Men: I am the Lord

35 F/D F/C Bb F/A Gm C F F/E fear Do not fear Do not

I am the Lord I am the Lord

39 F/D F/C Bb F/A Gm C fear Do not fear C


I am the Lord

WE HUMBLE OURSELVES BEFORE THE LORD

Pastoral Prayer 

Tithes and Offerings

(Children's Church meets for 4yr to 2nd grade in room 106)

If you would like to give your tithe online, scan your camera phone here: 

Offertory Song (Men's Chamber Choir)

Poor Man Lazarus
Arr. by Jester Hairston

Sermon

"The Role of Self Denial in Spiritual Growth"

Sermon Series, Sermon on the Mount

Matthew 6:16-19

Rev. Dr. Chris Polski

***Song of Response**

Take My Life, and Let It Be
Trinity Hymnal #585 (vs. 1-3, 6)

***Benediction**

*If you would like a time of prayer with one of our elders,
please come to the front of the sanctuary after the service.*

Nursery Volunteer (SS): Karen Broughton (please report to the toddler nursery directly following the service)

SUNDAY SCHOOL

From Cradle to the Grave - Pastor Polski (Room 111)

Please consider joining Pastor Polski for this six week summer Sunday School class that will be taking up important issues from both ends of our lives using the scripture first and then two important contemporary resources. The first part of the class will address important issues in Christian parenting with a special focus on debriefing the book "The Anxious Generation" by Jonathan Haidt with its focus on how social media has reshaped childhood and what we can do about it. In the second part of the class we will be looking at end of life issues and what it means to age with grace. In this part of the class a special focus will be placed on Atul Gawande's book, "Being Mortal," and the suggestions he makes for adult children and their aging parents to engage healthily on how they would like the last phase of their lives to go. My prayer is that this whole class will be a true intergenerational experience as we love and support one another within the context of the church and our families.

Christianity Explored- Rev. Pablo Rosales and Rev. Tim Jackson (Room 110)

What's the best news you've ever heard? In Christianity Explored we will explore how Mark's gospel answers this question. It's a journey to discover who Jesus is, what he achieved, and how he calls all people to respond. The purpose of this Sunday School class is to strengthen your knowledge of Jesus and prepare you to share your own answer to the question: What's the best news you've ever heard? This 6-week video-based course is for seekers, new believers, and those who have been running the race for a while.

Jr. & Sr. High Students - Lower level

Children aged 4 (by July 31, 2024) through incoming 5th grade - Room 106

Babies and toddlers - Room 104

In a one room schoolhouse format, students will have Bible lessons, music, activities, and outside play based on our summer theme—God's truth never changes!

Caregivers, please sign your child into the Summer Sundays classroom after you have enjoyed fellowship/snack. Older children will be dismissed to an adult caregiver from the playground. Please send your child with a water bottle, labeled with their name.

Please contact Melissa Kocher, Children's Ministry Coordinator with any questions at melissa.kocher@trinitychurchkirkwood.org.

UPCOMING EVENTS

Sunday for all ages meet today. A list of classes and locations can be found on the previous page.

Visitors: If you are visiting with us today we would love to give you a small gift. Please stop by the Welcome Table so we can say "hello."

Volunteers today: Ushers: Oehlerking, Moen, Broughton, Barker. Nursery: B. Williamson, J. Hendricks, P. Waldron, J. Standerfer. SS: Broughton. CC: Standerfer, Rosales, Petty. **Next Sunday:** Ushers: Roberts, Wong, Maglione, Alexander. Nursery: Inions, McCall, M. Goldstein. SS: Oehlerking. CC: Mitchell, Manwaring, S. Goldstein.

Youth Ministry: No evening youth ministry tonight.

Ladies, join us on **Aug. 1st for a Painting Party** at Mickie Schmidt's home. Julie Hammond will give us a stress free lesson on painting a water/wine glass. More details and sign up can be found on Church Center or use the QR code to the right.

We are looking for **Transportation Volunteers** to help drive those in our church that cannot drive themselves to Sunday worship or other church events. Please contact Norm Steele.

Sign up TODAY: **Trinity's Women's Ministry is hosting a special event** on Wed., Aug. 14th from 6:30-8pm-*Pass the Blessings*. A night of food, fellowship, and encouragement. Details can be found using the QR code to the right or on your Church Center app.

Children's Ministry families and friends, come join us for a **family movie night** on Wed., July 31 from 6 - 7:30 pm. Bring your pillow and blanket, and meet us in the youth room downstairs. Lemonade and popcorn will be provided. Extra treats are welcome, but please help us stay nut free.

Ariel Concert Series is coming to Trinity! Sept. 14th at 7:30pm. Invite your friends and neighbors for this FREE concert which promises to be an incredible evening of classical music. More info can be found by using the QR code to the right.

Please be sure to **sign The Trinity Hymnal** in the narthex for Drew and Brittany Lattner and to thank them for their time and service at Trinity.

If you do not receive our **weekly email updates** on Tuesday mornings, please send your email address to amy.mitchell@trinitychurchkirkwood.org

There are **several easy ways to serve at Trinity**. Feel free to reach out to these ministry coordinators to get involved:

Ushers: Paul Schaffer:

Paul.Schaffer@trinitychurchkirkwood.org,

Greeters: James Broughton (James.

Broughton@trinitychurchkirkwood.org),

Children's Ministry: Melissa Kocher
(Melissa.Kocher@trinitychurchkirkwood.org)

Did you know you can use the **Church Center app** for online giving, church directory, to sign up for events, connect with your small groups, bible studies, etc? Contact the church office for assistance.

You can **sign up for all upcoming events** by scanning your phone camera over the QR code and then [following the link:](#)




SAVE THE DATE

- Jul. 31: Movie Night
- Aug. 1: Women's Painting Party
- Aug. 14: Women's Ministry Event
- Sept. 14: Ariel Concert
- Sept. 28: Party on the Lawn
- Oct. 6-13: Missions Conference
- Nov. 2: Prayer & Praise
- Nov. 17: Vox Una Concert
- Dec. 7: Christmas Craft Party
- Dec. 15: Christmas Concert

MISSION UPDATE

Prayers: Here is a QR link to our JULY 2024 Newsletter and Prayer Calendar:



- Please pray for the ministries and volunteers listed in the prayer calendar and below.
- **Public Prayer requests can be found here:** 
- **Our youth are in Puerto Rico!** Three adult leaders, and 9 students have traveled to Puerto Rico. In addition to a building project in a small town of Dorado, some will have the cross-cultural experience of attending a church in the area! Please pray that the participants will each be open to the Holy Spirit's leading and have a servant's heart as they go. Also pray that lives will be changed by the power of the gospel.

Goers:

- **Restore St Louis:** One of the local ministries that we support is Restore St. Louis. They are a non-profit organization out of New City Fellowship, PCA. Through them, many of the marginalized in our city are served. They care for several people from children to elderly through tutoring, prison ministry, building projects, and more.
 - They are always in need of volunteers for their various ministries. It's never too late or too early to give of ourselves in service of the gospel. **Contact Pastor Pablo for more information.**

Senders: The work of outreach and mission cannot happen without your generous and sacrificial giving. If you would like to participate in mission work by sending, scan here: Select "Missions" from the dropdown menu.



Welcomers: Are you a person that loves the idea of hospitality?

- **Trinity Church Fellowship Meals** – Welcoming believers and unbelievers is part of the very fabric of Trinity Church. Jesus not only welcomed people but ate meals with them as well. Our own Jane Caldwell and Terry Louys have been hosting meals to welcome visitors and members into closer fellowship. It is a wonderful ministry and a great opportunity for those who have a heart to reach out to new people and pursue those who are unfamiliar and needing fellowship and connection.
- Please pray for this ministry! If you are interested in participating and possibly hosting a meal, please visit the Welcome Desk in the Narthex after the service to speak with Jane or Terry.

Mobilizers: Where are you currently serving? Where would you like to serve? What needs do you see around you? Let's talk about it. Reach out to Pastor Pablo at pablo@trinitychurchkirkwood.org.

WELCOME

We are glad you could join us! We would love to connect with you and answer any questions you may have about Trinity. Scan below with your phone camera to leave us your contact information.



Trinity's ministries are organized around the core values in our purpose statement which reads: Trinity Church exists to **exalt** God's name, **establish** God's people, **equip** God's church and **engage** God's world, in the power of the Holy Spirit and for the sake of the Risen King, Jesus Christ.

www.trinitychurchkirkwood.org

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